

## ASPIRIN I TE HAPŪTANGA

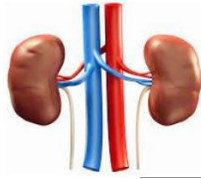
Te mate preeclampsia he mate e pā ana ki ngā wāhine he hapū ana otirā ka whara te hauora o te māmā me te pēpi hoki. Ka pāngia koe I te mate preeclampsia mehemea kai ia koe ngā momo mate raro ake nei:



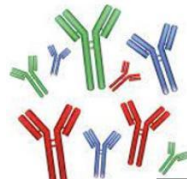
Te rere o te toto



Mate huka



Mate tākihi



Mate ārai



I mua preeclampsia



Whakamōrea wāhanga pātū i mua ake

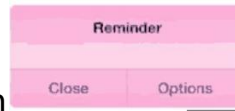
Hoi anō, te whakamōrea o te preeclampsia ka taea ki te whakaheke haere ki te ono tekau ki te whitu tekau pai heneti mehemea ka kai i te rongoa aspirin

Timata ki te kai i te rongoa aspirin i mua i te tahi tekau mā ono wiki i mua i te hapū.



Me kai 150mg ia rā ( pēraka I te hāwhe o te toru mira karamu me tehāwhe o te rau karamu aspirin

Kainga te aspirin ia rā I te pō kia kōrero rāno to tākuta me mutu to kai i te rongoa aspirin



Kaea he wareware ki te kai i tō rongoa aspirin no te mea ka mutu te mahi ahakoa tekau pai heneti te kai. Mahia he momo mahara mōu he tautoko ia koe

Kia kua te rongoa aspirin he tiriwā ki to hapū manaakitanga ki tou tari hauora. Me kōrero koe mehemea he āwangawanga au ki te tari hauora